



PRICE LIST

## Massage & Wellness Therapy

BACK, NECK & SHOULDER MASSAGE  
30min | R280

BACK, NECK, SHOULDER & SCALP MASSAGE  
45min | R380

FULL BODY MASSAGE  
A deeply relaxing & therapeutic combination of Swedish & Hawaiian Lomi Lomi massage techniques.  
60min | R480  
90min | R650

FULL BODY MANUAL LYMPHATIC DRAINAGE VODDER (MLDV)  
This is an advanced, highly specialized, non-invasive manual technique assisting in lymph flow and the drainage of tissues. This technique is known to be the "gold standard" in lymph drainage techniques world-wide.  
30min | R400  
60min | R600  
90min | R780

PREGNANCY MASSAGE  
A safe, yet effective pregnancy massage alleviating tension, reducing water retention & improving circulation.  
60min | R500

PURIFYING BACK TREATMENT  
Perfect for congested or dry, flaky skin on the back. This includes an alpha hydroxy back exfoliation under steam, cupping therapy massage & the application of a detoxifying clay mask, ending off with a easily absorbable hydra cream application.  
45min | R400

'MINT CONDITION' SIGNATURE TREATMENT  
Popular choice for a gift voucher to treat that someone special! Back, neck, shoulder & scalp massage, followed by an invigorating mint foot scrub & a decadent choc mint foot mask application and foot massage. Includes a chocolate treat to take home!  
70min | R550

ADD ANY OF THE FOLLOWING TOP UPS TO ENHANCE YOUR MESSAGE WELLNESS EXPERIENCE:

Hot Stone Therapy on the back/ full body	R50 / R100
Bellabaci Cupping Therapy on the back/full body	R50 / R100
Esse Organic Soy Candle Massage on the back/ full body	R50 / R100
Cocoa Facial Scrub & Mask	R100
OR Peppermint Foot Scrub & Mask	R100
OR Organic Hair Mask & Scalp Massage.	

## Esse Probiotic Skincare Facial Treatments

Esse is a locally made probiotic skincare brand certified organic by Ecocert. Esse is vegan, gluten free, not tested on animals, and supports fair trade in Africa. Esse products SEED the skin with live probiotic microbes that out-compete pro-ageing species, and use prebiotics to FEED the microbes to greatly improve the microbial ecology on the skin; thus repairing skin barrier functioning, reducing inflammation, reducing sensitivity, increasing hydration levels, anti-ageing, and allowing the skin to function at its absolute optimum capacity.

ESSE PREMIUM PROBIOTIC FACIAL  
Premium anti-ageing pampering including a double cleanse, double exfoliation with a gentle beta hydroxy acid peel, facial cupping drainage & massage, an intensely hydrating and plumping mask, a deeply penetrating ampoule application & probiotic skin supplementation. Eyebrow shaping included if needed.  
60min | R480  
75min | R520

ESSE ADVANCED DEEP CLEANSE FACIAL  
A purifying & calming deep cleanse facial treatment for more problematic skin types. Including a double cleanse, double exfoliation with a gentle beta hydroxy acid peel, facial cupping drainage & massage, extractions if needed, a purifying mask, clarifying ampoule application & probiotic skin supplementation. Eyebrow shaping included if needed.  
60min | R480  
75min | R520  
(including a relaxing hand or foot massage)  
45MIN | R400

ESSE FLASH FACIAL  
An on-the- go quick fix facial including a double cleanse, an organic beta hydroxy acid peel, mask application and probiotic skin supplementation with glowing results! For troubled skins, or pre-event!  
30min | R300  
30MIN | R250  
COURSE OF 4 R1000



Masters Diploma in Health & Skincare- Isa Carstens, Stellenbosch

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## Manicures & Pedicures

LUXURY SPA MANICURE  
60min | R220

LUXURY SPA PEDICURE  
60/75min | R250

LUXURY SPA PEDICURE  
INCLUDING MEDIHEEL PEEL  
90min | R380

MEDIHEEL PEEL ONLY  
20min | R130

EXPRESS MANICURE/PEDICURE  
INCLUDING POLISH APPLICATION

Excluding the scrub, soak & massage that is included in the  
Luxury Spa Manicure/Pedicure.  
30min | R150

POLISH APPLICATION ONLY  
20min | R100

Add on French Polish | R30

SOLE SURVIVAL HEEL THERAPY TREATMENT

Reveal new silky soft heels! A MediHeel callus peel, heel  
rasping, softening foot soak, reviving foot massage & a  
deeply hydrating foot mask. Excluding any toenail work or  
polish application.  
45min | R230

## Evo Gel Overlays

(BY BIOSCULPTURE)

EVO GEL OVERLAY ON HANDS/FEET  
(includes nail shaping & full cuticle work)  
90min | R250

SOAK OFF AND EVO GEL OVERLAY  
110mins | R290

SOAK OFF INCLUDING EXPRESS  
MANI WITHOUT POLISH APPLICATION  
30min | R100

SOAK OFF INCLUDING EXPRESS  
MANI WITH POLISH APPLICATION  
45min | R190

SOAK OFF ONLY  
20min R50

LUXURY SPA MANICURE - including Gel Overlay  
120MIN | R320

LUXURY SPA PEDICURE - including Gel Overlay  
120MIN | R350

## Bare Necessities Waxing & Tinting

EYEBROW WAX & SHAPE	R50
LIP OR CHIN	R55
EYEBROW, LIP & CHIN	R120
FULL FACE	R150
BASIC BIKINI	R100
G- STRING	R120
BRAZILIAN	R180
HOLLYWOOD (ALL OFF)	R220
HALF LEG/ARM	R150
FULL LEG	R200
UNDERARM	R80
MEN'S CHEST OR BACK	R250
EYELASH TINT (including Esse under eye mask)	R60
EYEBROW TINT	R50
EYELASH & EYEBROW TINT	R100



### POLICIES

If you wish to cancel your appointment, please do so at  
least 8 hours prior, to avoid a 50% cancellation charge.

Mobile Therapy: Please note- For clients located in  
George, there will be a R100 travel fee, and for clients  
located in Knysna there will be a R200 travel fee.

Beautiful GIFT VOUCHERS available  
(not redeemable for products or cash)



CALL - KERRY VENTER  
ON 084 424 2919